TABLES RESTAURANT

MENU



Soud

BURNT GARLIC SOUP	AED 18
PEKING HOT SOUP	AED 20
CREAM OF CHICKEN	AED 21
TOMATO BASIL SOUP	AED 20
HOT & SOUR SOUP	AED 19

Starters

SHRIMPS DYNAMITE AED 45

(Shrimps tossed with sause served in bed of lettuce)

INCHI PULI CHICKEN WINGS AED 28

(Fried chicken wings tossed through south indian style inchi puli suase)

SEAFOOD KALAMARI (Deep fried crispy squid served with Asian spiced herbs) **AED 38**

AED 25/30

coconut flavored semi dry hot grevy)

AED 25 VEPPILA CHICKEN.....





BEEF KANTHARI TAWA (Sliced beef cooked with fragrant desi AED 26

style home made masala served with the bred or spinach)

AED 25 SATAY CHICKEN SKEWERS..... (Grilled chicken skewers cooked with peanut butter sause)

BOWL OF CHIPS. AED 12 (Deep fried krispy lightly battered french fries

tossed with T3 special seasoning served with louisiana mayonnaise)

T3 Sandwich & Wrap

CHICKEN & CHEESE SANDWICH. AED 25

(Chicken, cheese slice, tomato, cucumber, carrot, lettuce & mayonnaise in brown bread)

PERI PERI CHICKEN WRAP AED 30

(marinated chicken in flour tortilla with cucumber, carrot, onions, tomatoes & iceberg)

EGG & BACON SANDWICH......AED 22

(Scrambled egg , Bacon rashers , cheese , Cucumber with Tomato sauce)









T3 Soul Bowl

(With Rice & Bread)

BURNT BUTTER GARLIC PRAWNS...AED 38

(Prawns cooked in rich Asian flavored burnt garlic sauce served with choice of rice)

OYSTER BASIL PRAWNAED 42

(Marinated prawns cooked in rich

basil flavored Chinese sause served with choice of rice)

TAIPEI CHICKEN.....AED 33

(Marinated chilly chicken cubes cooked infragrant tomato

sause with bell pepper, ginger & garlic served with choice of rice)

TERIYAKI CHICKEN AED 32
Marinated Chicken cubes cooked in authentic teriyaki sause,

ginger, garlic, bell pepper & onions)

served with steamed rice)



(Pan seared chicken breast cooked with rice makhni gravy sause served with steamed rice)

T3 MALABAR SHRIMPS BOWL AED 32

(Pan seared shrimps cooked with creamy, buttery, malabar sause, served with plain rice or bread)

BAKED ATLANTIC SALMON.....AED 46

(Crispy skin oven baked Atlantic Salmon served with potato gratin, butter sauteed vegetables & lemon dill cream sause)

EXOTIC VEGETABLES WITH RICE AED 30

(Stir fried semi gravy Chinese style vegetables served with fragrant butter rice)



onion, olives, feta cheese in lemon & lime dressing)

MEXICAN STREET CORN SALAD ... AED 32 (Corn kernal, cherry tomoto, cilantro, feta cheese,

olive oil in chili lime dressing)

ARABIC FATTOUSH SALAD.....AED 30

(Lettuce, tomato, onions, Cucumber, tossed in fragrant olive lime dressing)

13 Chinese

FRIED SEAFOOD NOODLES

(Pan fried seafood, egg & vegetables tossed with Asian $\overline{
m AED}$ $\overline{
m 40}$ noodles in dark soy and sizzling souse)

WOKS LIFE HAKKA NOODLES AED 33 (Chinese Hakka Noodles fried up in wok with chicken ,

egg & vegetables in our Chef's special house made sause

CHEF'S CHICKEN LO MEIN AED 33

(Fried vegetables, chicken & egg tossed through Authentic Chinese flavored sausesin Uncle Ch'ing's Hakka Noodles

VEG CHOW- MEIN AED 30

(Veg hakka noodles with wok sauteed asian vegetables tossed with chef's special sause& fragrant Asian herbs)

All prices are inclusive of Tax re allergic, kindly talk to the our hosts/hostesses in advance to order.





AED 29































13 Lunch

MANGALA BIRYANI MUTTON AED 20

MANGALA BIRYANI CHICKEN AED 16

BIRYANI BEEF......AED 19

BIRYANI FISH AED 22

MATKA BIRYANI CHICKEN AED 29

MATKA BIRYANI MUTTON AED 32



T3 Signature



(As per size) NIRVANA FISH WITH BREAD(Choise of fish cooked in rich coconut flavored gravy served with choice of bread or rice)

FISH MANGO CURRY WITH BREAD (As per size) (Choise of fish cooked in fresh mango & coconut flavored gravy served with choice of bread or rice)

CHICKEN STEAK AED 40 (250gm Butterflied grilled chicken breast served with potato mash, butter

sauteed vegetables & creamy mushroom sause or chips & salad)

BEEF TENDERLOIN AED 48

sause served with salad & fries)

Tenderloin beef steak served with mashed potato and vegetables

(250gm grilled Brazilian beef tenderloin

served wih squid, prawns, Potato, Potato mash, bitter sauteed vegetables & creamy mushroom sause or chips & salad)

MIXED GRILL AED 50

(120 gm grilled beef tenderloin, sausage, bacon, fried egg, grilled tomatos, mushroom & onion served with chips & salad)



T3 Special from the Ocean



LOBSTER THERMIDOR AED 120 (500gm cooked lobster topped with four cheese

white sause served with garden salad & seasoned fries)

SEAFOOD PLATER FOR 1/2 AED 56/110

(Fresh crab, squid, prawns, Deep fried fish fillet & Fruits served with salad , fried & aioli)

OVEN BAKED FISH PLATTER WITH RICE, AED 120

(1KG of marinated oven baked fish served with rice, vegetables & lemon dill butter sauce)

TABLES
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Indian Masala

CHICKEN STEW (Free range chicken breast cooked with garam masala, curry leaf & coconut milk)	AED 24
CHICKEN MUNNAR (Marinated chicken breast cooked in Indian masala, coconut milk, red chilly & curry leaf)	AED 26
BUTTER CHICKEN (Pan seared chicken breast cooked with rich tomato creamy makhni gravy North Indian style sauce)	AED 28
REFE ERV	AED 29



desi style home made masala)

(Marinated beef cubes cooked with fragrant

BEEF VARATIYATHU AED 29
(Marinated beef cuts cooked with coconut powder & rich south Indian style masala)



MUTTON MASALA (Marinated Indian mutton cubes cooked in kerala AED 32

style home made masala)

AED 32 MUTTON ROAST....(Semi gravy marinated mutton pieces roasted

& cooked with desi spices)

MUTTON ROGAN JOSH AED 39 (Authentic Indian style curry, cooked in ghee & medium spicy masalas)

FISH KUMARAKAM (As p (Spicy & tangy fish curry cooked with coconut oil & kudampuli in rich) (As per size)

(As per size) FISH POLLICHATH

(Fish cooked in home made kerala style tomato, onion masala wrapped in banana leaf)

(As per size)

shallow fried in tahava)

(As per size) FISH VATTICHATH.....

(Fried red & tangy fish curry cooked with Kashmiri chilly, kundampuli & home made masala cooked in clay pot)

AED 33 THAI FISH (HAMOUR FILLET, PRAWNS)

(Hamour fillet ot prawns cooked in thai style fragrant chef's special sauce)

KOONTHAL GREEN LEAVES AED 33

(Pan seared koonthal cooked in chef's special green masala paste served in the bed of banana leaf)





Indian Masala (Veg)

h	VEGETABLE STEW	AED 15
1	GOBI MANCHURIAN	AED 14
	PANEER BUTTER MASALA	AED 16



Pasta

BOSCAIOLA CHICKEN(Fuseli pasta, chicken breast, mushrooms & bacon tossed through creamy garlic sauce topped with parmesan cheese)	AED 36
MARINARA (Pan seared prawns, calamari & fish tossed through Marinara sauce topped with crab & parmesan cheese)	AED 38
VEGETARIAN PASTA (Pan fried vegetables tossed with fuseli pasta In rich flavored napolitano sauce topped with parmesan cheese)	AED 31
WILD MUSHROOM & CHICKEN RISOTTO (Hand picked wild mushroom cooked with free range chicken tossed with creamy Italian arborio rice)	AED 38
ALFREDO (Pan fried vegetables tossed with fuseli pasta in rich flavored creamy garlic sause topped with parmesan cheese)	AED 36





KIDS PASTA (Fuseli pasta tossed through rich nepolitano sause)

Breaci

CHAPPATHI	AED 2
PARATTA	AED 2
APPAM	AED 2

AED 15

Breakfast

BUFFET	AED 35
PAN CAKE WITH FRUIT CUT	AED 20
OAT MEAL	AED 11

lot in T3



Spl KARAK TEA	AED 6
ESPRESSO	AED 6
CAPUCCINO	AED 9
COFFE LATTE	AED 9
FRESH HOT MILK	AED 8

TABLES

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Lets chill with T3

ICED COFFEAED 11

FRESH JUICE AED 12

SOFT DRINKS......AED 5





Cream of Fruits

STRAWBERRY AED 18 MANGO AED 18 T3 SPECIAL AED 18

Mojito

PINK PONG AED 15

BERRY PERRY AED 15

STRAWBERRY BOISSON AED 15





Smoothie

AED 17 BERRY BANANA (Honey or sugar, yogurt or milk, frozen babana, strawberry mint or barsil leaves) BLUE BERRY.....AED 19 (Blue berry, milk, fresh cream, sugar) RASBERRY AED 19 (Yogurt/milk, sugar, fresh cream)

MANGO GET THE BERRIES AED 18 (Mango, blueberry, basil, milk or yogurt)

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Making the world a better place!! One plate at a Time







NEAR RAK BANK, GOLD SOUQ EXTENSION, DEIRA,DUBAI-U.A.E www.table3.ae